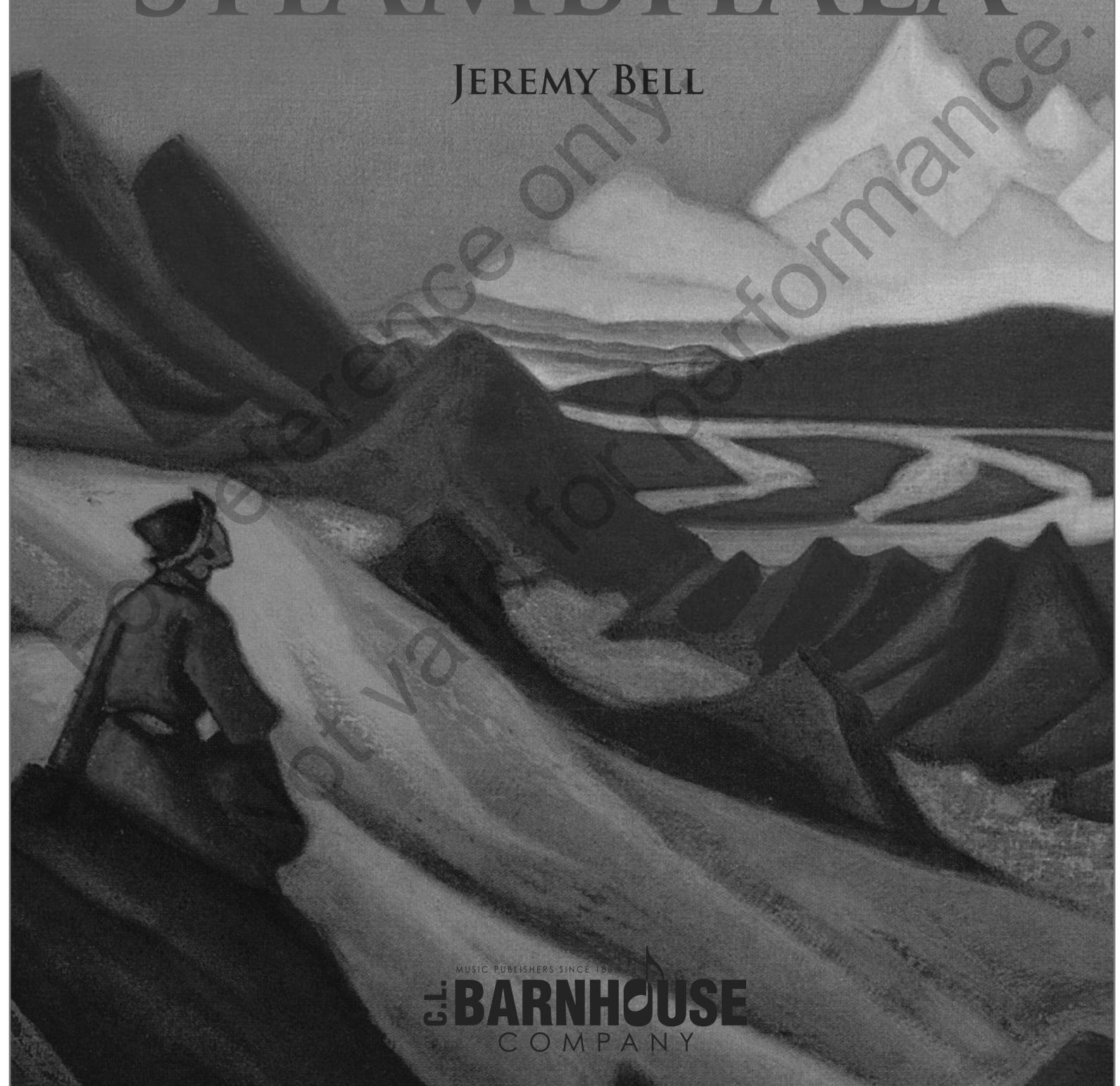


FULL CONDUCTOR SCORE
Catalog No: 012-4733-01

BARNHOUSE CONCERT BAND SERIES

THE LOST CITY OF SHAMBHALA

JEREMY BELL



MUSIC PUBLISHERS SINCE 1868
C.L. BARNHOUSE COMPANY

THE LOST CITY OF SHAMBHALA

Jeremy Bell

Instrumentation

| | |
|---|----|
| Full Conductor Score | 1 |
| 1st & 2nd Flute | 10 |
| Oboe | 2 |
| 1st B♭ Clarinet | 4 |
| 2nd B♭ Clarinet | 4 |
| 3rd B♭ Clarinet | 4 |
| B♭ Bass Clarinet..... | 2 |
| Bassoon | 2 |
| 1st E♭ Alto Saxophone..... | 3 |
| 2nd E♭ Alto Saxophone..... | 3 |
| B♭ Tenor Saxophone..... | 2 |
| E♭ Baritone Saxophone..... | 2 |
| 1st B♭ Trumpet | 3 |
| 2nd B♭ Trumpet | 3 |
| 3rd B♭ Trumpet..... | 3 |
| 1st F Horn | 2 |
| 2nd F Horn | 2 |
| 1st Trombone..... | 2 |
| 2nd Trombone..... | 2 |
| 3rd Trombone | 2 |
| Euphonium (Baritone) B.C. | 2 |
| Euphonium (Baritone) T.C. | 2 |
| Tuba | 4 |
| Mallets 1: Bells..... | 1 |
| Mallets 2: Vibraphone, Chimes, Marimba | 3 |
| Timpani..... | 1 |
| Percussion 1: Snare Drum, Bass Drum..... | 3 |
| Percussion 2: Mark Tree, Medium & Low Tom | 2 |
| Percussion 3: Suspended Cymbal, Crash Cymbals | 2 |

About the Composer



Jeremy Bell received his Bachelor of Music degree in Music Composition from Bradley University in Peoria, IL where he studied with Dr. Stephen Heinemann. In 2011, he graduated from Arizona State University with a Masters in Music Composition after studying with Dr. Rodney Rogers and Dr. Jody Rockmaker. His first commissioned work was accepted for publication in 2011, and since then, Jeremy has been active as a band and choral composer while simultaneously working on developing his commercial composition portfolio. Jeremy currently instructs the Music Theory and Appreciation course at Collins College in Tempe, Arizona, in addition to teaching private lessons on piano, flute, guitar, and voice. He is a performer and entertainer at The Big Bang Dueling Piano bar in Tempe and the Assistant Music Director at Church of the Master in Mesa, Arizona.

Program Notes

"Behind snowy peaks, somewhere to the North, lies a Mystical Kingdom, where a line of Enlightened Kings is guarding the innermost teachings of Buddhism for a time when all truth in the outside world is lost in war and greed. Then, the King of Shambala will emerge with a great army to destroy the forces of evil and bring in a new Golden Age."

Supposedly located in the mountainous regions of Eurasia, and more specifically hidden in the Himalayas of Tibet, Shambala is a mythical kingdom ruled by the Maitreya, who is the future Buddha. Also known by several other names including "Shangri-La" and "Agharta," Shambala is a Sanskrit word that means "place of peace." It is paradise, a place of enlightenment, and only accessible by someone with a pure heart.

The Lost City of Shambala is a programmatic work in which the heroes are searching for Shambala to find the coveted Cintamani Stone, which is believed to grant wishes, or contains the power to grant eternal life, much like the Western alchemic version of the Philosopher's Stone. Once they discover Shambala, a beautiful Eden-esque landscape surrounded by snowy mountains, they are attacked by the inhabitants of Shambala who see the explorers as invaders, and the quest to find the Cintamani Stone becomes a battle for their lives.

"The essence of warriorship, or the essence of human bravery, is refusing to give up on anyone or anything."

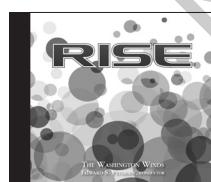
– Chögyam Trungpa

Rehearsal Notes

The opening should create a sense of mystery, with a lighter, almost airy quality to the sound, as if emerging from the mist. At m. 15, the music begins to shift to more of a sense of adventure, and the brass should have a strong, but not overbearing, timbre, and should really grow in dynamics to a powerful downbeat on m. 29. Throughout this entire section, the diminuendos and crescendos should be exaggerated, and the tempo should be very expressive with rubato, but not so slow that it drags. At m. 86, the syncopation of the rhythmic accents is going to be one of the most difficult sections, but the entire ensemble shares most of the main rhythmic components. I suggest dividing the ensemble into the bass instruments and the treble instruments (including trombones) that share the same rhythms, and have them clap their parts as a group, before joining the two together. M. 94 acts as a brief respite from the more action-packed sections surrounding it, giving the listener a chance to revel in the beauty of the landscape one final time. Again, the dynamics should be exaggerated, particularly when the bass instruments have their moving melodic line, and the upper woodwinds should be in the background as color, so that the horn melody can be heard. M. 118 presents another challenge due to the tempo fluctuations. This regal and majestic final section should be strongly accented but have a warm tone wherever there are no accents. The ensemble must be watching closely to achieve smoothness with the rallentandos and accelerandos at the ending.

Enjoy your musical journey with **The Lost City Of Shambala**.

2019 Concert Band CD



WFR397

RISE

*The Washington Winds,
Edward S. Petersen – Conductor*
CONTENTS: Rise (Galante), Fantasy On Old Hundred
(Holsinger), Pageanty March (K. L. King / arr. Glover), La
Sorella (arr. Glover), The River And The Rock (Shaffer), The Parting Glass (setting by
Conaway), Marche Russe (Ganne / arr. C. T. Smith), The Lost City Of Shambala (Bell),
The Bluebonnet Revue (Wasson), Soliloquy (Holsinger), A Trombone Family Reunion
(Fillmore / arr. Glover), Dylan Has The Look (Holsinger), Jubilee 150 (Chattaway)

As I Walked Through The Meadow (La Plante), Prelude And Presto (Holsinger), La
Sorella (arr. Glover), The River And The Rock (Shaffer), The Parting Glass (setting by
Conaway), Marche Russe (Ganne / arr. C. T. Smith), The Lost City Of Shambala (Bell),
The Bluebonnet Revue (Wasson), Soliloquy (Holsinger), A Trombone Family Reunion
(Fillmore / arr. Glover), Dylan Has The Look (Holsinger), Jubilee 150 (Chattaway)

LICENSING THIS WORK

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Conductor Score
012-4733-00

THE LOST CITY OF SHAMBHALA

Jeremy Bell
(BMI)

Andante with rubato ($\text{♩} = 92$)

1st & 2nd Flute

Oboe

1st B♭ Clarinet

2nd & 3rd B♭ Clarinet

B♭ Bass Clarinet

Bassoon

1st E♭ Alto Saxophone

2nd E♭ Alto Saxophone

B♭ Tenor Saxophone

E♭ Baritone Saxophone

1st B♭ Trumpet

2nd & 3rd B♭ Trumpet

1st & 2nd F Horn

1st Trombone

2nd & 3rd Trombone

Euphonium (Baritone)

Tuba

Mallets 1
Bells

Mallets 2
Vibraphone
Chimes
Marimba

Timpani
F, G, C, D

Percussion 1
Snare Drum
Bass Drum

Percussion 2
Mark Tree
Medium & Low Tom

Percussion 3
Suspended Cymbal
Crash Cymbals

5

Andante with rubato ($\text{♩} = 92$)

w/ medium acrylic mallets

Vibraphone (Slow motor, w/ medium yarn mallets)

w/ medium felt mallets

Mark Tree

B.D.

Sus. Cym.

5

pp < mp

15

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax.

Bari. Sax.

15

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

(Vib.)

Timp.

Perc. 1

Perc. 2

Perc.

Chimes

Low tom

Cr. Cyms.

23

1st &
2nd Fl.

Ob.

1st Cl.

2nd &
3rd Cl.

Bass Cl.

Bsn.

1st Alto
Sax.

2nd Alto
Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd &
3rd Trpt.

1st &
2nd Hn.

1st Trom.

2nd &
3rd Trom.

Euph.
(Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

29 Majestic and beautiful

Musical score for orchestra and band, page 29. The score is divided into two systems by a vertical bar line. The top system includes parts for 1st & 2nd Fl., Ob., 1st Cl., 2nd & 3rd Cl., Bass Cl., Bsn., 1st Alto Sax., 2nd Alto Sax., Ten. Sax., and Bari. Sax. The bottom system includes parts for 1st Trpt., 2nd & 3rd Trpt., 1st & 2nd Hn., 1st Trom., 2nd & 3rd Trom., Euph. (Bar.), Tuba, Mlts. 1, Mlts. 2, Timp., Perc. 1, Perc. 2, and Perc. The score features various dynamics (e.g., *mp*, *mf*, *ff*, *p*) and performance instructions (e.g., *div.*, *a2*, *Chimes*, *Low tom*). Measures 25 through 32 are shown, with measure 29 being the primary focus of the section title.

1st &
 2nd Fl.
 Ob.
 1st Cl.
 2nd &
 3rd Cl.
 Bass Cl.
 Bsn.
 1st Alto
 Sax.
 2nd Alto
 Sax.
 Ten. Sax.
 Bari. Sax.
 1st Trpt.
 2nd &
 3rd Trpt.
 1st &
 2nd Hn.
 1st Trom.
 2nd &
 3rd Trom.
 Euph.
 (Bar.)
 Tuba
 Mlts. 1
 Mlts. 2
 Timp.
 Perc. 1
 Perc. 2
 Perc.

37

33 34 35 36 37 38 39 40

45

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

Cue: Hn. 1 - 2

45

41 42 43 44 45 46 47 48 49 50

- 8 -

53

1st &
2nd Fl.

Ob.

1st Cl.

2nd &
3rd Cl.

Bass Cl.

Bsn.

1st Alto
Sax.

2nd Alto
Sax.

Ten. Sax.

Bari. Sax.

53

1st Trpt.

2nd &
3rd Trpt.

1st &
2nd Hn.

1st Trom.

2nd &
3rd Trom.

Euph.
(Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

[62] Fast ($\text{♩} = 144$)
poco a poco accel.
 $2+2+3$

Musical score page 62, featuring parts for the following instruments:

- 1st & 2nd Fl.
- Ob.
- 1st Cl.
- 2nd & 3rd Cl.
- Bass Cl.
- Bsn.
- 1st Alto Sax.
- 2nd Alto Sax.
- Ten. Sax.
- Bari. Sax.
- 1st Trpt.
- 2nd & 3rd Trpt.
- 1st & 2nd Hn.
- 1st Trom.
- 2nd & 3rd Trom.
- Euph. (Bar.)
- Tuba
- Mlts. 1
- Mlts. 2
- Timp.
- Perc. 1
- Perc. 2
- Perc.

Measure 62 starts with "poco rall." for the woodwind section. It then transitions to "Fast ($\text{♩} = 144$)" with "poco a poco accel." dynamics. The score includes markings such as $2+2+3$, p , pp , mp , and p . The percussion section includes parts for Timpani, Percussion 1, Percussion 2, and a low tom. The score also includes dynamic markings like "cresc. poco a poco" and "mf".

Fast and destructive ($\text{♩} = 156$)

1st &
2nd Fl.

Ob.

1st Cl.

2nd &
3rd Cl.

Bass Cl.

Bsn.

1st Alto
Sax.

2nd Alto
Sax.

Ten. Sax.

Bari. Sax.

ff

1st Trpt.

ff

div.

2nd &
3rd Trpt.

ff

div.

1st &
2nd Hn.

ff

div.

a2

div.

1st Trom.

ff

1st &
2nd Trom.

ff

Euph.
(Bar.)

ff

Tuba

ff

Mlts. 1

Mlts. 2

ff

Timp.

ff

Perc. 1

ff

Perc. 2

ff

Perc.

ff

74

1st &
2nd Fl.

Ob.

1st Cl.

2nd &
3rd Cl.

Bass Cl.

Bsn.

1st Alto
Sax.

2nd Alto
Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd &
3rd Trpt.

1st &
2nd Hn.

1st Trom.

2nd &
3rd Trom.

Euph.
(Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

1st &
 2nd Fl.
 Ob.
 1st Cl.
 2nd &
 3rd Cl.
 Bass Cl.
 Bsn.
 1st Alto
 Sax.
 2nd Alto
 Sax.
 Ten. Sax.
 Bari. Sax.
 1st Trpt.
 2nd &
 3rd Trpt.
 1st &
 2nd Hn.
 1st Trom.
 2nd &
 3rd Trom.
 Euph.
 (Bar.)
 Tuba
 Mlt. 1
 Mlt. 2
 Timp.
 Perc. 1
 Perc. 2
 Perc.

86

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

Marimba

simile

ff

86

3+2+2

87

88

1st &
 2nd Fl.
 Ob.
 1st Cl.
 2nd &
 3rd Cl.
 Bass Cl.
 Bsn.
 1st Alto
 Sax.
 2nd Alto
 Sax.
 Ten. Sax.
 Bari. Sax.
 1st Trpt.
 2nd &
 3rd Trpt.
 1st &
 2nd Hn.
 1st Trom.
 2nd &
 3rd Trom.
 Euph.
 (Bar.)
 Tuba
 Mlts. 1
 Mlts. 2
 Timp.
 Perc. 1
 Perc. 2
 Perc.

94

1st & 2nd Fl. *mf* *mp* *a2*

Ob. *mf* *mp*

1st Cl. *mp*

2nd & 3rd Cl. *mf* *mp* *a2* *div.*

Bass Cl. *mf*

Bsn. *mp*

1st Alto Sax. *p*

2nd Alto Sax. *p*

Ten. Sax. *p* *mf* expressively

Bari. Sax. *mf*

94

1st Trpt. *mp*

2nd & 3rd Trpt. *mp*

1st & 2nd Hn. *mf* *mf* expressively

1st Trom. *mf*

2nd & 3rd Trom. *p* *a2*

Euph. (Bar.) *mf* *p* *a2*

Tuba *mf* *p*

Mlts. 1

Mlts. 2 *mf*

Timp.

Perc. 1

Perc. 2 *mf*

Perc. *f* *p* *mf*

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

106

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax. *Play*

Bari. Sax.

106

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

div. *Play* *Chimes*

106 107 108 109 110 111

1st &
 2nd Fl.
 Ob.
 1st Cl.
 2nd &
 3rd Cl.
 Bass Cl.
 Bsn.
 1st Alto
 Sax.
 2nd Alto
 Sax.
 Ten. Sax.
 Bari. Sax.
 1st Trpt.
 2nd &
 3rd Trpt.
 1st &
 2nd Hn.
 1st Trom.
 2nd &
 3rd Trom.
 Euph.
 (Bar.)
 Tuba
 Mlts. 1
 Mlts. 2
 Timp.
 Perc. 1
 Perc. 2
 Perc.

3+2+2

div.

a2

div.

ff

Marimba

simile

ff

Tune: F, A, C, D

ff

sfz

ff

sfz

sfz

ff

112 113 114 115

*molto rit.*118 Slowly ($\text{♩} = 72$)*poco a poco rall.*

Musical score for measures 116-118. The score includes parts for 1st & 2nd Fl., Ob., 1st Cl., 2nd & 3rd Cl., Bass Cl., Bsn., 1st Alto Sax., 2nd Alto Sax., Ten. Sax., and Bari. Sax. Measure 116 starts with a dynamic of ff . Measures 117 and 118 show various woodwind and brass instruments playing eighth-note patterns. Measure 118 ends with a dynamic of p .

*molto rit.*118 Slowly ($\text{♩} = 72$)*poco a poco rall.*

Musical score for measures 116-118. The score includes parts for 1st Trpt., 2nd & 3rd Trpt., 1st & 2nd Hn., 1st Trom., 2nd & 3rd Trom., Euph. (Bar.), Tuba, Mlts. 1, Mlts. 2, Timp., Perc. 1, Perc. 2, and Perc. Measure 116 starts with a dynamic of ff . Measures 117 and 118 show various brass and percussion instruments playing eighth-note patterns. Measure 118 ends with a dynamic of p .

div.
 1st & 2nd Fl.
 Ob.
 1st Cl.
 2nd & 3rd Cl.
 Bass Cl.
 Bsn.
 1st Alto Sax.
 2nd Alto Sax.
 Ten. Sax.
 Bari. Sax.
 1st Trpt.
 2nd & 3rd Trpt.
 1st & 2nd Hn.
 1st Trom.
 2nd & 3rd Trom.
 Euph. (Bar.)
 Tuba
 Mlts. 1
 Mlts. 2
 Timp.
 Perc. 1
 Perc. 2
 Perc.

poco meno mosso ($\text{♩} = 58$) **poco a poco accel.**

1st & 2nd Fl. Ob. 1st Cl. 2nd & 3rd Cl. Bass Cl. Bsn. 1st Alto Sax. 2nd Alto Sax. Ten. Sax. Bari. Sax.

poco meno mosso ($\text{♩} = 58$) **poco a poco accel.** Cue: Hn. 1&2

1st Trpt. 2nd & 3rd Trpt. 1st & 2nd Hn. 1st Trom. 2nd & 3rd Trom. Euph. (Bar.) Tuba Mlts. 1 Mlts. 2 Timp. Perc. 1 Perc. 2 Perc.

123 124 125 126

127 A little faster, with rubato ($\text{♩} = 80$)

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax.

Bari. Sax.

127 A little faster, with rubato ($\text{♩} = 80$)

rit.

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

Very slowly ($\text{♩} = 58$)

1st & 2nd Fl.

Ob.

1st Cl.

2nd & 3rd Cl.

Bass Cl.

Bsn.

1st Alto Sax.

2nd Alto Sax.

Ten. Sax.

Bari. Sax.

1st Trpt.

2nd & 3rd Trpt.

1st & 2nd Hn.

1st Trom.

2nd & 3rd Trom.

Euph. (Bar.)

Tuba

Mlts. 1

Mlts. 2

Timp.

Perc. 1

Perc. 2

Perc.

molto rit.